

### Swaminarayan Shikshapatri In English, Swaminarayan Shikshapatri (English)

1. I (SAHAJANAND SWAMI) meditate in my heart upon Lord Krishna
2. I, SAHAJANAND SWAMI, write this SHIKSHAPATRI - Gospel of Life Dharma
3. Ayodhyaprasad and Raghuvir who have been installed by Me as Acharya
4. All naishtic Brahmacharis, Mukundanand and others and all house-holders
5. All female, married (including virgins also) and widows and all Sadhus, Sanyasis
6. All mentioned above, shall accept My Blessings Divine, Blessings which are
7. All the above shall ponder deeply in their mind My object in writing this Shikshapatri
8. All those who follow the rules of good conduct as prescribed by the Shastras
9. And all those who disregard them and behave according to their own whims
10. Therefore, you all, My followers, shall always follow the precepts of this Shikshapatri
11. My followers shall never kill any living being under any circumstances,
12. (My followers) shall never kill goats and/or other living beings in sacrifice
13. None shall ever kill a human being for obtaining women, wealth or even power
14. None shall ever commit suicide even in a place of pilgrimage or through any means
15. None shall ever eat meat, even if it be an offering in a sacrifice or shall be offered to a deity
16. When an untoward action is committed either by oneself or by others, no one shall
17. None shall ever commit theft, even for the sake of performing an act of devotion
18. All my followers, males and females, shall never practice adultery and/or fornication
19. No one shall eat food prepared by a person, taking (cooked) food from the mouth of a woman
20. No one should level false accusations against anyone, even for the sake of performing an act of devotion
21. None shall ever speak or hear ill of deities, places of pilgrimage, Brahmacharis, Sanyasis, or
22. None shall ever accept prasada of a deity to whom offering of meat and/or fish is made
23. When (my followers) on their way, come across temples of Shiv, and other deities
24. None shall give up Dharma of one's own varna (class) and Ashram nor shall they
25. No one shall ever hear sermons or religious discourses or philosophical discourses
26. None shall speak even truth which is likely to cause fatal misery to one's self or others
27. No one shall ever associate with a thief, an addict, a hypocrite, a debauchee, or
28. No one shall also associate with persons, who under the grab of Bhakti, have
29. None shall ever hear or believe in the Shastras which clearly refute (the) Shikshapatri
30. None shall ever drink water and/or milk (including all kinds of edible oils)
31. None shall ever take medicines which are mixed with meat and/or liquor
32. One shall never pass urine or answer call of nature or even spit in places of pilgrimage
33. No one should enter in or go through a door, not meant for the purpose of entering or going
34. Male followers shall not hear religious or philosophical discourses from a woman
35. None shall insult one's Guru, a very great person, a person highly placed
36. One shall never act under sudden impulse in haste; but an act pertaining to Dharma
37. None shall go with empty hands for darsan of Guru or of a deity or of a place of pilgrimage
38. My followers shall never wear clothes so thin and fine as would expose the body

39. None shall ever practice Bhakti of Lord Shri Krishna devoid of Dharma  
40. When they go to the temples of Lord Shri Krishna for darsan either daily  
41. My disciples, who are twice-born (i.e. who belong to the first three classes)  
42. This vertical mark (tilak) shall be made either with Gopichandan or with  
43. And in the middle of this mark shall put on a round mark, either with G  
44. Persons, who are classed as higher Shudras (sat-shudra) and who are  
45. All other Bhaktas (who are classed below sat-shudras) shall were on th  
46. Brahmin and other followers who are required on the account of their fa  
47. All shall realize that Narayan and the Mahesh are one, for as Brahman  
48. My followers shall not adopt rules of exigency prescribed in Shastras a  
49. My followers shall get up daily before sun-rise, offer prayers to Lord Kri  
50. Thereafter, sitting in one place, shall cleanse teeth, then shall take bath  
51. Thereafter, facing either north or east, shall sit on a pure and comfortab  
52. Thereafter, all male followers shall put on their forehead and on bosom  
53. All female followers who are widows shall not put on their forehead eith  
54. Thereafter, all shall have darshan of and shall bow respectfully to the in  
55. My Bhaktas, who like Ambarish, have dedicated their lies completely to  
56. These Bhaktas, shall worship the idol of Lord Shri Krishna, made eithe  
57. Thereafter, they shall chant according to their ability, the Stotras (verse  
58. Then they shall offer food to him and then shall partake of it as His pra  
59. Shastras proclaim these Bhaktas as Nirguna (i.e. completely free from  
60. These Bhaktas shall never drink even water nor shall eat leaves, fruits,  
61. All Bhaktas, who are incapacitated by old age or by some great advers  
62. All shall worship with singular devotion only that form of Lord Shri Krish  
63. All my followers shall daily go to the temple of Lord Shri Krishna, in the  
64. And shall read and/or listen to with deep reverence, the narratives of H  
65. All my followers shall invariably act daily as laid down above, shall stud  
66. one must always entrust, after proper consideration, a person with wor  
67. One shall always provide one's servants with food, clothing etc., accord  
68. One shall always speak to a person just befitting one's person and pos  
69. All my followers who are prudent shall receive their Guru, a king, a very  
70. In the presence of a Guru, deity and/or in an assembly none shall sit w  
71. None shall ever enter into arguments with Acharya. All shall treat him v  
72. My followers, on hearing about the his arrival shall immediately go forw  
73. None shall ever perform an act, which is likely to yield great advantage  
74. Action of past great men which are not in conformity with Dharma shall  
75. Never shall ever divulge secrets of other persons anywhere and to any  
76. All my followers shall practice as additional days, which the original had
77. 78. Listening to and 2. reading narratives of glories of Lord Shri Krishna  
78. 8. lying down prostrate before Him. These eight rules are considered b  
79. All shall observe devoutly and with proper festivities, the Vratas of all E  
80. All shall avoid with care sleeping by day time on such days, for such an  
81. Shri Vitthalnathji, son of Shri Vallabhacharya, a king among the Vaisha  
82. All shall observe them accordingly. The mode of worship of Lord Shri K  
83. All followers shall undertake pilgrimage to place like Dwarika and other

84. My followers shall regard the five deities named here with reverence -
85. In times of trouble caused by evil spirits like Ghosts etc. none shall invoke
86. Whenever an eclipse of the Sun or of the Moon takes place, all followers
87. And when it is over, all shall take bath together with all clothes worn at
88. All My followers belonging to the four varnas (classes) i.e. who are Bra
89. The followers, who are Brahmins, shall acquire the qualities of tranquilli
90. The Vaishyas shall go in for agriculture, trade, banking etc. and the Sh
91. The followers, who are twice-born, shall perform as occasion requires,
92. Whenever an untoward action or sin is knowingly or unknowingly comm
93. The Vedas, the Vyas Sutras, the Puran, named Trimmed Bhagwat, Sh
94. Shri Bhagvad-Gita and Vidurniti all these (three) from Mahabharat, Shr
95. The Yajnavalkya-Smruti from among the Dharma Shastras, these eight
96. All my followers who desire to secure their welfare shall hear them and
97. Of these eight Shastras, the Yajnavalkya Smruti with the Mitakshara co
98. And for realizing glory and greatness of Lord Shri Krishna, the tenth an
99. the tenth and fifth canto of Srimad Bhagvad shall and the Yagnavalkya
100. And the commentary on Vyas-sutras and Shri Bhagvad Gita by Ramar
101. Those portion of these Shastras which explain the merits of knowledge
102. Shall be treated as taking precedence over all other portions. The sum
103. Dharma means the path of good conduct as enjoined by Smruties and
104. Vairagya (non-attachment) means absence of love for objects other tha
105. Jiva is one who is installed in the heart, is atomic and subtle, is all-cons
106. Maya is one which constitutes the three qualities - Satva, Raja and Tan
107. Just as Jiva is installed in the heart, so does Isha abides in the heart of
108. This Isha is Lord Shri Krishna, is Supreme Brahman, is Bhagwan and i
109. When Lord Shri Krishna is with Radha He is known as RadhaKrishna,
110. When he is with Arjun He is known as Nar-Narayan and when He is wi
111. These bhaktas, Radha and others, sometimes stay by His side, and so
112. therefore, none shall draw lines of differentiation between His various f
113. All person on the earth, therefore, shall with fervent devotion worship H
114. Bhakti of Lord Shri Krishna, and association with saintly persons (these
115. Lord Shri Krishna, His incarnations and His forms, only shall from the c
116. One shall first consider oneself as distinctly different from the three bod
117. All shall here with respects, daily or once a year the tenth canto of Srim
118. And shall perform Purushcharan (Reading and listening sacred Shastr
119. In times of difficulties, caused by forces of nature or by human beings o
120. Aachar (conduct), Vyavahar(behavior) and Prayaschit(expiation) in life
121. Know you all, qualified monotheism, Vishishtadwait is the doctrine of p
122. So far are described general Dharmas for all the followers, males and f
123. Ayothayaprasad and Raghuvir, sons of My elder and younger brother r
124. They shall never touch or speak with them. They shall not be cruel to a
125. They shall never stand as surety of any person in social dealings and i
126. They shall not sell food-grains received by them from their followers bu
127. They shall perform worship(puja) of Shri Gadpa to the Dankumal of the
128. They are installed as Acharya (Ayodhayaprasadj at Ahmedabad and Ra

129. They shall see that all followers act in conformity with their respective c
130. They shall perform with proper rites and ceremonies, the worship of Sh
131. They shall courteously and according to their means give food-grains a
132. They shall establish an institution with a learned Brahmin as teacher, a
133. the wives of these Acharyas with the concurrence of their husbands sha
134. They shall never touch nor speak with nor show their faces to any male
135. My male followers who are householders shall not touch widows who a
136. They shall never stay alone in a lonely place even with their young mot
137. They shall never keep close relation with a woman who has any kind o
138. Whenever a guest comes to their house, they shall treat him courteous
139. All my followers during their lifetime shall serve their parents, Guru and
140. They shall follow vocation just befitting to their class and Ashram. Thos
141. They shall make provision for food-grains and money, according to the
142. Cows and other cattle shall be maintained only if they can take care pr
143. They shall never enter into any transaction regarding land and/or mone
144. They shall make transaction regarding money to be paid in connection
145. Expenses shall always be in proportion to the income but shall never e
146. Recollecting their income and expenses incurred during routine and/or
147. They shall offer to Lord Shri Krishna one tenth part of food-grains and c
148. They shall perform ceremonial observance of all Vratas, such as Ekada
149. They themselves or through someone else shall perform or get perform
150. They shall never borrow money from their Acharyas or from the temple
151. Whenever they go for darsan (paying homage to) of Lord Krishna, their
152. They shall pay in full whatever remuneration either in cash or in food-g
153. When loss of prestige or estate or life is threatened in a place where th
154. My followers, who are wise and discreet shall immediately leave that pl
155. Those who are rich, shall perform non-violent sacrifices like Vishnu-ya
156. They shall also celebrate big festival in temples of Lord Krishna and sh
157. The rulers who are my followers shall treat their subjects as their own c
158. They shall thoroughly acquaint themselves with the ways of administra
159. Female followers who are married shall serve their husbands like God,
160. They shall not even unintentionally maintain any relations with persons
161. All chaste women shall never expose their navel, breast and thigh to a
162. When their husband have gone out to another town or country they sha
163. Female followers who are widows shall serve Lord Shri Krishna as thei
164. They shall never touch males who are not their close relatives and (esp
165. If they happen to touch a suckling accidentally no blemish attaches to t
166. They shall not receive lessons of any kind from males who are not thei
167. They shall not give any money even for religious and charitable purpos
168. They shall take food once a day only, shall sleep on the floor and shall
169. They shall not wear dress like married women, nor like a Sanyasini (a t
170. They shall never associate with nor even touch women who practice a
171. Young widows shall never stay alone in a lonely place even with their c
172. They shall never play Holy nor shall ever put on ornaments and /or fine
173. All female followers, married (including virgins also) and widows shall r
174. And when they come into menses they shall not touch any person or o

## Swaminarayan Shikshapatri (English)

Written by Admin

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175. All Naisthic Brahmacharis who are My followers shall never touch nor s
176. They shall never talk nor hear talks about them nor shall go for bath etc
177. They shall never touch nor even knowingly look at idols of females ma
178. They shall never draw a facsimile of females nor shall touch clothes wo
179. They shall not touch nor look at nor speak with a male in guise of a fem
180. They shall disregard commands of even their Guru, if such commands
181. They shall instantly check a female who tries forcibly to come near ther
182. But when life of a female and/or their own is in danger they shall prote
183. They shall not smear their bodies with oil and shall not keep or carry an
184. They shall not go for taking food to a place of a Brahmin, where food is
185. They shall study the Vedas, the Shastras, etc. and shall serve their Gu
186. They shall never drink water carried in leather bags/buckets nor shall e
187. They shall not take their meals without taking bath and without perform
188. All Sadhus like the Naishtic Brahmacharis shall avoid sight of, speaking
189. They shall control all senses, specially the sense of taste and shall nev
190. They shall not accept deposits from anyone, shall never lose patience
191. Except in emergency, they shall never got out alone without a compani
192. They shall never put on or use costly clothes with gaudy colors and de
193. They shall never go to a place of a house holder except for the purpos
194. To the place of householder where food is served by a male and femal
195. To such a house only, My Sadhus shall go for taking food, if this be no
196. In remote past, Bhartji, son of Rishabhdev lived and behaved on earth
197. All Brahmacharis and Sadhus shall carefully abstain from the use of be
198. They shall not take food prepared bin connection with the performance
199. Except in emergency like sickness they shall not sleep by a day nor kn
200. Except in emergencies like sickness they shall not sleep on a cot and s
201. Whenever a wicked person abuses them or beats them they shall neve
202. They shall not act as an agent for others nor shall they do back-biting r
203. I have thus described above in short, general and special Dharmas of a
204. I have Myself extracted substance from all the Satshastras and then ha
205. Therefore, all My followers shall always lead their lives with care in con
206. All my male female followers who act according to the percepts of this
207. All male and female followers of My Sampraday shall consider all the n
208. All My followers shall daily read this SHIKSHAPATRI. Those who are n
209. And when a reader of SHIKSHAPATRI is not readily available, they sha
210. This SHIKSHAPATRI shall only be given to persons endowed with spir
211. This SHIKSHAPATRI is written by Me on Vasant Panchami i.e. on the
212. May Lord Shri Krishna, Destroyer of all miseries of His followers, Prote

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